

# 2. Dan

Karlsruhe, 02.04.2023

## *Nagewaza*

9. bis 16. Form

10. Form Ryōtedori  
10. Form Ryōtedori  
13. Form Ushiro-ryōtedori  
10. Form Ryōtedori  
10. Form Ryōtedori

Iriminage  
verschiedene Iriminage  
verschiedene Kotegaeshi  
Shihōnage omote & ura waza  
Kaitennage omote & ura waza  
Tenchinage omote & ura waza

## *Osaewaza*

9. Form Katateryōtedori  
13. Form Ushiro-ryōtedori  
13. Form Ushiro-ryōtedori  
13. Form Ushiro-ryōtedori  
13. Form Ushiro-ryōtedori

Ikkyō omote & ura waza  
Ikkyō omote & ura waza  
Nikyō omote & ura waza  
Sankyō omote & ura waza  
Yonkyō omote & ura waza

## *Suwariwaza*

5. Form Shōmenuchi  
5. Form Shōmenuchi

Ikkyō omote & ura waza  
Technik frei

## *Hanmihantachiwaza*

2. Form Gyakuhanmikatedori

Technik frei

## *Tachidori*

5. Form Shōmenuchi

Technik frei, Bokuto abnehmen (Uke hat Bokuto)

Ki musubi no tachi

Kumitachi 1 – 6

## *Taninzūwaza*

Randori mit drei Uke